



FALL POOL SCHEDULE

NORTHWEST

Multipurpose Pool

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00-5:30am								
5:30-6:00am								
6:00-6:30am								
6:30-7:00am								
7:00-7:30am								
7:30-8:00am								
8:00-8:30am								
8:30-9:00am								
9:00-9:30am		AQUAFIT SHALLOW 9:00-9:45 am TW		AQUAFIT SHALLOW 9:00-9:45 am TW		SWIM LESSONS 9:00am-12:00pm TW + 2 LL		
9:30-10:00am								
10:00-10:30am								
10:30-11:00am			AQUAFIT DEEP 10:30-11:15 am LL					
11:00-11:30am								
11:30am-12:00pm								
12:00-12:30pm							SWIM TEAM 12:00-2:00 pm 2 LL	
12:30-1:00pm								
1:00-1:30pm								
1:30-2:00pm								
2:00-2:30pm								
2:30-3:00pm								
3:00-3:30pm								
3:30-4:00pm								
4:00-4:30pm								
4:30-5:00pm								
5:00-5:30pm	SWIM LESSONS 5:00-7:00 pm TW + 2 LL		SWIM LESSONS 5:00-7:00 pm TW + 2 LL					
5:30-6:00pm								
6:00-6:30pm		SWIM TEAM 6:30-7:30 pm 2 LL		LAP LANE RESERVATION 6:00-7:30 pm 2 LL	SWIM TEAM 6:30-7:30 pm 2 LL	LAP LANE RESERVATION 6:00-8:00 pm 2 LL		
6:30-7:00pm								
7:00-7:30pm								
7:30-8:00pm								
8:00-8:30pm								
8:30-9:00pm								

Pool Participants: The Multipurpose Pool will close 30 minutes before the rest of the YMCA facility.

- -Open swim in all areas of the pool
- -Entire pool is closed
- -Some areas reserved for classes

- LL** -Lap Lanes
- TW** -Teaching Well