2019 YMCA 6v6 Volleyball Rules

1. ***Team Composition***
   1. For any match, a team may consist of **up to 10 players**. To be eligible for the season tournament, a player must have played in **at least one match** in the regular season.
   2. To start a match, you must have **at least four players**.
2. ***Game Play***
   1. Before the match, captains will play “Rock, Paper, Scissors” to decide who gets the first serve.
      1. Matches will be played by **alternating serves**. The team that serves in Game 1 will also serve in Game 3.
   2. The match is won by the team that wins two sets. A set is won when a team reaches **25 points** utilizing rally scoring, also **winning by two**.
      1. If one team wins the first two games, teams will still play a third game.
   3. Each team is allowed **one one-minute timeout** per game.
   4. The score is to be called out before each serve.
      1. If there is a dispute on a point, teams will replay the point.
   5. YMCA staff will officiate games and record the following stats: **aces, kills, and digs**.
3. ***Tournament***
   1. A single elimination tournament will follow the round-robin regular season. Seeding is based on overall record.
      1. As far as tie-breakers, the first tie-break is a head-to-head match. The second tie-break is based on which team has a better sets record during the regular season.
4. ***Forfeited Game***
   1. A forfeited game will result with a 0-3 for match and 0-25 for each set.
5. ***Dimensions***
   1. Net Height is set at 7’11”.
   2. Court Dimensions
      1. 60’X30’
   3. Attack Line is 10’ from the Center Line
6. ***Faults***
   1. **Four Hits:** A team hits the ball four times before returning it.
   2. **Catch:** The ball is caught and thrown.
   3. **Double Contact:** A player hits the ball twice in succession, or the ball contacts various parts of his/her body in succession.
   4. **Foot Faults:** A server steps on or over the serving line.
   5. **Blocking Net Infraction:** A player touches the opponent’s ball or an opponent’s body in the opponent’s space before or during the opponent’s attack hit or pass.
   6. **Net Infraction:** A player makes contact with the net.
   7. **Back-Row Infraction:** When a back-row player completes an attack hit from the front zone, and the ball is hit significantly higher than the top of the net.
7. ***Protest Procedure***
   1. Any protest involving the outcome of a game must be written and turned in to the Sports Director within 24 hours of the occurrence. Only the team captain shall submit the official protest. Protest forms shall be made available to team captains at the score table. YMCA Sports staff must be notified immediately, before the play continues, regarding the intent of a protest.

**NO PROTESTS SHALL BE ACCEPTED BY THE SPORTS STAFF ON SITE!**

1. *All Other Rules Follow the USA Volleyball Indoor Domestic Competition Regulations*